



Westbury Academy Key Stage 4 Curriculum



BTEC Sport and Leisure

	AUTUMN A	AUTUMN B
YEAR 10	Unit 6—Taking Part in Exercise and Fitness Activities	Unit 6—Taking Part in Exercise and Fitness Activities
YEAR 11	Unit 11—How the Body Works	Unit 11—How the Body Works
	SPRING A	SPRING B
YEAR 10	Unit 6—Taking Part in Exercise and Fitness Activities	Unit 5—Assisting at a Sports or Active Leisure Event
YEAR 11	Unit 11—How the Body Works	Unit 12—Planning own Fitness Programme



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	SUMMER A	SUMMER B
YEAR 10	Unit 5—Assisting at a Sports or Active Leisure Event	Unit 5—Assisting at a Sports or Active Leisure Event
YEAR 11	Unit 12—Planning own Fitness Programme	Unit 12—Planning own Fitness Programme
	ADDITIONAL COURSE INFORMATION	
	<p>Over the course of two years pupils will have the opportunity to take part in a variety of sports including snowboarding, climbing, golf, kayaking and sailing. They will design and run an event for the Key Stage 2 Potted Sports Event, plan and carry out a fitness programme and learn about the skeleton and muscles within the body.</p>	